Report to Children and Young People's Scrutiny Board



Start for Life and Family Hub Progress Report

Portfolio Holder:

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For information

The purpose of this briefing is to provide an updated position on the progress in implementing Oldham's Start for Life and Family Hub programme and next steps in the ongoing development and linkage to wider children's services reform.

Executive Summary

There was a total of £3,648,000 investment in the Start for Life and family hubs programme in Oldham during the three years 2022/23 - 2024/25. This included investment in high quality services in the period from conception to age 2, such as midwifery and health visiting, together with parenting support to help to make the transition to parenthood as smooth as possible, meaning that more children are healthy and ready to learn at age 2 and ready for school at age 5.

Delivery of the programme will contribute to a reduction in inequalities in health and education outcomes for babies, children and families across Oldham by ensuring that support provided is communicated to all parents and carers, including those who are hardest to reach and/or most in need of it.

Considerable progress has been made in the development and delivery of Oldham's Start for Life and Family Hub programme during the first three years of the programme, and this will be enabled to continue during 2025/26 with funding of £1,381,700 during 2025/26 though there is currently no certainty about the future funding of the programme in 2026/27 and beyond.

Parent's and carers voices are at the heart of Oldham's programme development. As well as collecting feedback from partners and stakeholders a Parent Carer Panel approach has been developed to help design the Family Hubs and Start for Life Programme. Focus groups and forums have meet over the duration of the programme and we have heard from a range of voices including fathers, new parents and parents from ethnic minority communities.

Key achievements during the first three years of the programme have been to:

- create 7 welcoming Family Hub spaces for families to access Start for Life services
- ensure the Family Hubs and the Start for Life programme delivers rapid, visible support for families in communities,
- develop a digital and virtual offer to give parents and professionals access to information and support when they need it 24/7.

The priority areas for 2025/26 are:

- Improving the IT connectivity in the Hubs so that staff can work there more effectively, and enabling introduction of screens which support better communication with service users;
- Implementing the Synergy case management system as part of widr work to strengthen performance management, assess need and evaluate the impact of activity;
- Further developing the digital offer for parents and carers in particular through enhancing the range of App based resources and promoting takeup of these;
- Increased delivery of an outreach offer for e.g. parenting support and breastfeeding support at alternative venues and times which better meet the needs of service users; and
- Commissioning evaluation of elements of the programme to evidence the impact of interventions and inform future commissioning.

The implementation of the programme has been closely intertwined with a number of wider developments, and this will continue and develop further during 2025/26. Key connections have been with:

- Reorganisation of the 0-19 Service into the Integrated Children and Families Service;
- Family Hubs staff becoming part of the wider Early Help Service
- Implementation of the district working model; and
- From 2025/26 the national programme of reform of services for children and families through the Families First Partnership programme.

Recommendations

It is recommended that Children and Young People's Scrutiny Board:

- note the update and progress made in delivery of the Family Hub and Start for Life programme
- recognise the connectivity to a wider range of developments relating to meeting the needs of children and families, which provide opportunities for more effective multiagency working built around the district model, but also risks around the continuity of funding for delivery of this in 2026/27 and beyond.

Start for Life and Family Hub Progress Report

1 Background

- 1.1 In April 2022, the Department for Education (DfE) announced that Oldham was one of 75 upper tier local authorities to receive government funding to deliver Start for Life and Family Hub services over the fiscal years 2022-23, 2023-24 and 2024-25. Oldham received £3,648,000 capital and revenue funding to create a network of Family Hubs. The programme was then extended by the new government for 2025/26, and Oldham was allocated £1,381,700. Funding is received based upon demonstrable progress against the key milestones and effective delivery of the minimum expectations set down in guidance.
- 1.2 The Start for Life & Family Hubs model is founded on the principle of services being more accessible, better connected, and more relationship centered. The programme aims to make a positive difference to parents, carers, and their children by providing a mix of physical and virtual spaces, as well as outreach, where families can easily access non-judgmental support for the challenges they may be facing. The programme aims to join up support for parents and carers by integrating services across health (physical and mental health) and social care as well as through voluntary and community organisations and education settings.
- 1.3 The DfE has set out the core services that it expects to be delivered through Family Hubs.
 - Activities for children aged 0-5
 - Birth registration
 - Debt and welfare advice
 - Domestic abuse support
 - Early language and the home learning environment
 - Early childhood education and care and financial support (Tax free childcare, Universal credit childcare)
 - Health visiting
 - Housing support
 - Infant feeding support
 - Intensive targeted family support services
 - LA 0-19 Public Health Services
 - Mental health services

- Midwifery / maternity
- Nutrition and weight management
- Oral health improvement
- Parent-infant relationships and Perinatal mental health support
- Parenting support
- Reducing Parental conflict
- SEND support
- Stop smoking support
- Substance (alcohol/drug) misuse support
- Support for separating and separated parents
- Youth Justice services
- Youth services universal targeted

This is not an exhaustive list, so local authorities can choose to deliver additional services.

- 1.4 Services are expected to be available to families in the following ways:
 - Face to face at a family hub

- Through a family hub but received elsewhere in the network (for example via outreach, at a youth centre, a clinical setting such as a health centre, a voluntary, community or faith sector setting).
- Virtually, through the family hub, including static online information and/or interactive virtual services.

2 **Current Position**

- 2.1 Considerable progress has been made in the development and delivery of Oldham's Start for Life and Family Hub programme during the first three years of the programme. This has been aligned with a series of wider developments including the restructure of the former 0-19 Integrated Right Start and School Nursing Service into the Integrated Children & Families Service; the Supporting Families programme; Holiday Activity Fund (HAF); and the implementation of Place Based Integration. A key development during 2025/26 will be alignment with the national Families First Partnership programme of reform in children's services.
- 2.2 Our ambition is for Family Hubs to provide a universal offer for all families based on the following principles:
 - A partnership model with local communities which families want to access. *Uniting multiple parts of the public sector;*
 - Every family in Oldham should receive the *support they need, when they need it* delivered through trusting and supportive relationships;
 - All families in Oldham should have access to the information and tools they need to care for and interact positively with their babies and children, and to look after their own health & wellbeing;
 - Family Hubs in Oldham will be integral to the way we plan and deliver family services in our 5 districts through a dispersed delivery approach (hub buildings, virtual offers and outreach);
 - They will *provide early family help* from pregnancy, through a child's early years, later childhood and up to the age of 19 (or up to age 25 for young people with special educational needs and disabilities) by *increasing access to a range of services through a single point of access*.
- 2.3 Capital funding has been utilised to refurbish and rebrand six existing Children's Centres as Family Hubs, which all opened during 2023/24 and 2024/25, with the other 10 former children's centres decommissioned. New branding has featured on signage, online and promotional materials. The seven hubs are:
 - Beever Hub, the first hub to be launched in July 2023 (Central district)
 - Stanley Road Hub (West district)
 - Medlock Vale Hub (East district)
 - Shaw Hub (North district)
 - Spring Meadows Hub (South district)
 - Alexandra Hub (Central district)
 - Oldham Library Hub enhances existing access to information, help and support for families from across the borough.

- 2.4 The Family Hub sites support co-location of a multi-agency core team that includes early years practitioners, health visiting and school nursing. All have a clinical space for midwifery services to deliver anti-natal and post-natal care, and this space could be utilised for other health services. The Early Attachment Service is based at Spring Meadows Family Hub.
- 2.5 The Family Hubs funding needs to be delivered against a set of programme strands, which are primarily focussed upon early years. These are: infant feeding; perinatal and infant mental health and parent infant relationships (PIMH)s; support for early language through the home learning environment; parenting support; and publishing the Family Hub and Start for Life offer. Further detail of activity against these is set out at Appendix 1.
- 2.5 Alongside the opening of the Hubs, there Strong links have been established with health providers Northern Care Alliance and Pennine Care and the VCFSE sector, and their services have been commissioned to deliver aspects of the programme.

Alignment with wider developments

- 2.6 As well as the required delivery of activity within the Family Hubs and Start for Life programme, there have been several other closely related developments which support better integrated family help services:
 - The former 0-19 Health Visiting and School Nursing service has been restructured into the Integrated children and Families Service, with services delivered jointly with the Northern Care Alliance (NCA) under partnership arrangements for joint working between health and local authorities within the framework of Section 75 of the NHS Act 2006. Following the restructure, which was effective from 1 January 2025, there are five district teams of health visitors and school nurses delivering universal services to children and families, together with a targeted team supporting families with children open to children's social care allowing a more focussed response where there are safeguarding concerns.
 - Alongside this, there are teams of staff who support the delivery of services through the family hubs. These staff were TUPE transferred from NCA into the local authority, and comprise 5 Family Hub Managers (who will play a lead role in co-ordinating and developing preventative family help services in each district), 6 SEND (Special Educational Needs and Disabilities) and Inclusion Practitioners who work with early years setting around early identification and support for children who may have additional needs; 29 Child & Family Practitioners who deliver a range of interventions with children and families and support health visitors in undertaking the mandated 9 month and 2-2.5 year development checks; and 13 Business Support Officers who provide reception and administrative support for the family hubs and health visiting and school nursing teams. In addition there is a Parenting Team with 6 posts, which is jointly funded through Family Hubs and the Supporting Families programme. In the run up to the restructure there were restrictions on recruitment, and the teams are currently building up to full capacity as a number of vacant posts within the structure are filled.

- The Integrated Children and Families Service has a joint management team across
 the Council and NCA, so that the operation of the family hubs and the health visiting
 and school nursing services is closely aligned, with a range of services delivered from
 the hubs and staff hotdesking in the hubs as well as from other locations including the
 district town halls.
- A further organisational change was implemented within the Council during March 2025, which brought together staff within the Council Family Hubs teams as part of the Early Help Service. This will enable better co-ordination of the family hubs offer with the targeted early help teams in the districts, domestic abuse team and staff delivering low level mental health support for children and young people. This will support a better integrated family help offer in each of the five districts.

3 Next Steps

- 3.1 The extension of Family Hubs funding for 2025/26 has enabled the continuation of the funded activity for a further year. which will allow activity to become more fully embedded and for systems to become better established. Some of the key planned developments using family hubs and start for life funding during 2025/26 are:
 - Implementing Council wi-fi (as well as NCA wi-fi) within each of the family hubs which will facilitate hot desking and allow screens to be installed which can be used to communication with service users in the hubs e.g. through promoting services / delivering awareness raising materials;
 - Further limited capital improvement works to increase delivery capacity within the Hubs;
 - Implementation of the Synergy case management system (currently being piloted within Beever family hub) which will enable information about activity in the hubs to be captured more effectively, supporting evaluation of the impact of interventions;
 - Developing the resources available to parents through Apps which can be accessed via mobile phones and other devices, in particular through expanded use of the Essential Parent app and the Anya breast feeding support App;
 - Increased delivery of an outreach offer for e.g. parenting support and breastfeeding support at alternative venues and times which better meet the needs of service users; and
 - Commissioning an academic evaluation of elements of the programme to evidence the impact of interventions and inform future commissioning.
- 3.2 Alongside this we will continue to develop the district working model to deliver a better coordinated universal and targeted family help offer within the five districts. This will include:
 - Expanding the range of services which are part of the multi-agency district teams
 delivering support for children and families from the family hubs and outreach venues
 in each district for example services addressing domestic abuse and expanding the
 support offer for families with older children available through family hubs (the current
 offer is primarily focussed upon under 5s);

- Strengthening district working so that there are stronger pathways for families around support relating to particular issues as need escalates, and developing a more tailored offer in each district which reflects the needs of the different populations in each;
- Strengthening systems for performance management in order to better drive improvements in outcomes for children and young people.
- 3.3 This will be aligned with the wider national programme of reform of children's services to be delivered through the Families First Partnership programme. This includes a range of important changes, but in relation to alignment with the family hubs and start for life programme, incorporates development of new multi-agency arrangements to deliver family help. This aims to improve children's outcomes by understanding and responding to the needs and circumstances of the family as early as possible. Family Help will take place within communities, bringing together local services under a combined, multi-disciplinary practice approach and service offer. It will be underpinned by a set of key principles that will inform the delivery of services:
 - wrapping support around the whole-family at the earliest opportunity using the expertise of multi-disciplinary practitioners;
 - Ensuring consistency of relationships between children, families and their lead practitioner;
 - Adopting one plan that will stay with families but adapt as needs change.
- 3.4 This programme includes developing a new role of Family Help lead practitioner which can be undertaken by staff with a range of professional backgrounds, and developing a single assessment tool which will be used across the partnership at different levels of need helping to reduce the need for families to "tell their story" multiple times to different professionals. Under the new model there will no longer be a requirement for social workers to be the lead practitioners for work at child in need level (Section 17 of the Children Act), though it will still require social work oversight. This will ensure greater continuity of support for children and families by professionals with whom they have an existing relationship, reducing transfers between support from different services.
- 3.5 Taken together, these programmes of change will lead to a comprehensive reorganisation of the model for delivering family help organised around Oldham's five districts with a better co-ordinated multi-agency approach for families accessing universal, targeted and specialist support.
- 3.6 There is currently no certainty about whether the additional funding for the Family Hubs and Start for Life programme will continue beyond 2025/26, and if this is not extended it is a risk for the ongoing funding of the activities commissioned through the programme. The Government's Comprehensive Spending Review, to be released on 11 June, may provide some indication of the direction of travel. There has been some press discussion about the impact of the previous Sure Start programme, which might indicate an intention to further develop the family hubs model. However it is clear that there will be a need for the Council and our partners to consider how to make best use of the range of resources available to meet the needs of children and families in a co-ordinated way.

4 Monitoring and Evaluation

- 4.1 The DfE monitor progress of Oldham's transformation delivery plan for family hubs and start for life. The monitoring includes submission of quantitative data on implementation and metrics identified by the DfE for the duration of the programme, as well as self-assessment of system maturity.
- 4.2 Governance is provided through the Start for Life & Family Hubs Strategic Partnership, jointly chaired by the Director of Education, Early Years and Skills and the Director of Children's Social Care and Early Help. The Partnership brings together a cross section of senior leaders from across the Council, health and VCFSE sectors. The partnership provides direction for the development, coordination and delivery of the programme. Progress is reported through regular highlight reports. It is likely that the governance arrangements will evolve during 2025/26 to support better co-ordination with the other strands of work identified above.

5 Recommendations

- 5.1 It is recommended that Children and Young People's Scrutiny Board:
 - note the update and progress made in delivery of the Family Hubs and Start for Life programme
 - recognise the connectivity to a wider range of developments relating to meeting the needs of children and families, which provide opportunities for more effective multiagency working built around the district model, but also risks around the continuity of funding for delivery of this in 2026/27 and beyond.

6 Appendices

Appendix 1: Family Hub and Start for Life Achievements Years 1-3

Theme	Activity
Infant Feeding (breastfeeding support)	 Funding the successful UNICEF Baby Friendly accreditation for the former 0-19 Right Start and School Nursing Service. This scheme sets best practice standards for each of the key funded strands in infant feeding and the parent-baby relationship.
	 The UNICEF Happy Baby leaflet has been purchased and is now distributed to families as part of the peer support offer. It is now in all Hubs for use with antenatal families as part of a meaningful conversation around breastfeeding and the importance of early relationships with parents and babies.
	 Parents can now access a range of information and support on <u>infant feeding</u> and <u>breastfeeding</u> through the Family Hub website.
	Breastfeeding training has been delivered to health visiting

teams, Early Help staff, student nurses, student health visitors, student health and social care staff enabling them to have sensitive conversations. A virtual training session has been provided for GPs.

- Homestart have been commissioned to deliver an enhanced infant peer support service. This includes:
 - Access to volunteers
 - Face to face peer support during the post-natal period through drop ins and Baby Bistros in hubs.
 - Breastfeeding equipment loan scheme with approximately 30 breast pumps on loan each month
 - Breastfeeding peer support groups each week in Family Hubs
 - Delivery of virtual antenatal breastfeeding basics workshops

Perinatal and Infant Mental Health and Parent Infant Relationships (PIMHs) Pregnancy – 2 years

- Parents have 24/7 access to universal information and support on perinatal and infant mental health through the Family Hub website
- The Your Baby and You booklet has been purchased to support the universal pathway. Every family with a new birth receives a copy of the booklet delivered by health visitors as part of the 6–12-week mandated health and development visit to ensure additional support with the contents.
- Health visitors have received the evidenced based <u>Newborn</u>
 <u>Behavioural Observation</u> (NBO) training. This gives health
 visitors a tool and enhanced knowledge, skills and
 confidence in supporting parent-baby relationships.
- PIMHs champion train the trainer course has been delivered to staff including; mental health midwife, SALT therapists and play workers, health visitors and the therapeutic social worker. This will support sustainability of the PIMHS offer.
- Capacity of the Early Attachment Service has been increased to give more direct support to referred families and to increase training. This better equips the workforce and enables delivery of new high-quality evidence-based approaches. These can be delivered digitally or via family support work and group programmes for families. The EAS service has been able to increase capacity and/or recruit to key posts (PIMHs family support worker, therapeutic social worker, speech and language therapist). This increased capacity has enabled more families to access support as the team are to offer more outreach by visiting families on the postnatal ward, baby bistro's etc

- A mental health practitioner has been funded within NHS Oldham <u>Talking Therapies</u> service. This post supports lower level/ universal mental health support across FHs, baby clinics, etc.
- A grant agreement is in place with the neonatal charity Spoons to support whole families, practically and emotionally from admission to the neonatal unit and beyond, in collaboration with NHS and other services. This enables proactive identification, targeting and support of newborn Intensive Care Unit families.

Home Learning Environment/Early Language Support

- Parents can access information and support on home learning and speech development through the Family Hub website.
- The Making it REAL (Raising Early Achievement in Literacy) (MIR) evidence based early literacy programme has been delivered to support home learning and improve outcomes for 3- and 4-year-olds. This has included training practitioners to deliver the training to support sustainability beyond the funded programme. Delivery has included:
- Children and families involved in MIR receive 1:1 home visits and attend literacy events to support the HLE. MIR parent booklets and activity guides have been shared with all partners involved in MIR projects. These include Family Hubs, HomeStart, schools, Early Years settings, POINT, libraries and parents/carers as well as providing copies to families.
- Homestart have been commissioned to deliver the 8 week Play, Learn, Grow course.
- Support for children with SEND has been expanded through extension of MIR intervention. Resource card & packs have been created in partnership with POINT and shared with families. Regular SEND drop ins (2 per month) are now delivered in hubs by Oldham Parent Carer Forum to ensure families have access to POINT services, be signposted to additional support/services, understand what is available and how to access, as well as peer to peer support
- Investment has secured the Early Years Better
 Communication Team which includes 2 speech and
 language therapists and a language development worker.
 The team deliver a comprehensive training and coaching
 programme for practitioners working in early years settings
 and schools.

Parenting Support

- Parents can access a range of universal information and support on parenting through the Family Hub website. This includes information about face-to-face delivery, online parenting programmes such as Solihull online parenting courses, Essential Parent digital library and the Chat health text messaging service.
- The parenting team, consisting of a Parenting Co-ordinator, 4 parenting officers and a Business Support Officer is part funded through the programme. The team deliver an evidence-based parenting offer, with a suite of parenting programmes which enhance our universal and targeted Early Help offer to parents across a wide range of subjects and covers parenting, child development, relationships, emotional wellbeing health etc.:
 - Baby Bonding (24 wks Conception to 1yr)
 - Triple P Baby (up to 12 months) Awaiting training April.
 - Solihull Approach
 - Triple P Discussion Groups (2-9yrs)
 - Family Links Nurture Programme (2-13yrs)
 - Youth Connect 5 (Parents of young people aged 9-16yrs)
- Funding has also been utilised to strengthen the role of the local VCFSE sector in delivery of parenting support and programmes as part of the outreach offer. For example,
 - Homestart deliver a range of peer support and social networking opportunities. This includes recruiting and delivering a Dad Matters peer support programme. Activities include :coffee and chat, walk and talk, With You in Mind (WYIM) sessions are being held across the Family Hub network
 - Positive Steps have been commissioned to lead and facilitate aspects of our Parent panel offer to ensure the voice of seldom heard communities is heard and is used to inform our offer
- Action Together has been commissioned to provide a leadership role in relation to a number of community base projects including running a small community grant programme to support small-scale community-based activity.

Family Hub & Start for Life offer, including Parent

 The digital and communication element of Family Hubs has been supported by paying for increased capacity in the Corporate Communications Team to work alongside the

Carer Panels

delivery teams and commissioned services to deliver key activities, including promoting activity on social media, developing the website, and raising the profile of the programme in Oldham. For example, the work of the parenting team will shortly feature on BBC North West Tonight.

- The Oldham Family Hub website is live, giving an overview of the services and information available to families in supporting a child make the best start in life. For example, there were 6,700 views of the Family Hubs website in May 2025.
 - Through the website families can register to be part of our Parent panels, give feedback on Family Hub services and register to receive the new digital newsletter.
 - Families and professionals are able to access a wide range of information, practical guidance and videos which are accessible on the new Family Hub website available 24/7.
- 10,000 Family Hubs and Start for life leaflets have been printed as part of our new branding work and have been distributed to all new parents and residents via the Hubs, local events, VCFSE sector and staff working closely with residents.
- Action Together has also been commissioned to raise awareness of Family Hubs and the Start for Life offer with its members from the VCFSE, this includes hyper local grassroots, volunteer led community groups, right through to large charities who deliver commissioned services in the borough. This will include regularly sharing Family Hubs promotional materials.