

Minutes

Royton, Shaw & Crompton; Health and Wellbeing meeting

13 December 2016
Shaw Life Long Learning Centre
5.30pm – 7:00pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Eve Edwards	R,S & C District Team
Councillor H Roberts	Royton North Councillor
Councillor C Gloster	Shaw Councillor
Nicola Shore	Age UK Oldham
Andrea Tait	OMBC Programme Manager Public Health
APOLOGIES	
Councillor M Bashforth	Royton South Councillor
Councillor J Turner	Crompton Councillor
Jackie Hanley	Oldham Community Leisure
Amanda Barrell	Making Space
Sharon Smith	NHS Oldham; CCG
Linda Cain	Business Support, District Team
Suzanne Dyer	Macmillan 1-1 Cancer Support Worker
James Sommerville	Principal Housing Energy Officer
Erin Marshall	Making Space
Rachel Murphy	Early Help
Maggie Kufeldt	Executive Director Health and Wellbeing

1. Welcome, introductions and apologies

EF opened the meeting, thanked those in attendance and apologies were noted.

2. Minutes from previous meeting 22nd September 2016:

The group agreed the minutes with amendment to item 5 as follows;

- Julie Holt email address julie.holt1@oldham.gov.uk; change have been updated in previous minutes

3. Updates and matters arising from minutes

Updates from actions are agenda items for this meeting

4. Public Health:

- **MECC** (Making Every Contact Count); AT gave an overview of MECC work to date; AT requested anyone interested in becoming a MECC champion to contact Andrea Tait @ Andrea.Tait@oldham.gov.uk. Discussions ensued regarding the level of detail in the MECC evaluation report Cllr HR and AT to follow up discussions after the meeting.
- AT flagged domestic abuse across Oldham has increased however teenage pregnancy has reduced.

- **National Diabetes Prevention Programme;** AT gave an overview of the work which has taken place to date; with the group reflecting on discussions at the last meeting. The following comments were noted.
 - Appointed provider is now in place and they have visited EF to discuss possible venues to approach.
 - 2 groups in Chadderton are running and 1 in both Royton & Glodwick –with the view of rolling out to all GPs
- **New proposal from GM on alcohol champions ‘Communities in Charge of Alcohol ’**
 - AT advised that this new scheme, ‘Communities in Charge of Alcohol’ will have champions and be led by people who have successfully addressed and managed their own issues with alcohol.

Action:

Meet to cross reference the District Plans with Public Health Ward Profile documents AT/EF

5. Ambition for Ageing; Nicola Shore

NC gave overview of project and took the group through the participatory budget workshop held in Failsworth, highlighting that projects in the area can bid for money up to £500 with local community making. It is expected a similar session will be held in Crompton.

6. Health and Wellbeing projects

6.1 Slimmin’ without Women

Cllr Chris Gloster’s continued success. Group discussed venues to re run this project in Royton and Shaw next year, the group agreed in principle of holding the groups in Public Houses. Slimmin’ without women champion for Royton still to be identified.

6.2 Reduce social isolation: Chat n Craft

Work progressing to set up group in Shaw, venues have been shortlisted discussions with Tutor ongoing

6.3 Lets’ go for a walk

Due to low levels on interest in the training scheduled (W/C 26th Sept) the training was cancelled. We have re advertised as an initial taster sessions Friday 10th February 2017 1:00pm (Royton, Tandle Hill) Saturday 11th February 2017 (Shaw & Crompton, Crompton Moor) 1:00pm; with the view to hold full training sessions following

7. Any Other Business

Nicola Shore advised of the Physical Activity Fund from Sports England. This is to address sedentary lifestyles with over 55’s with an early intervention and prevention approach as residents near retirement age.

Cllr HR highlighted work in Birkenhead and will seek to get evaluation as this could contribute to support with intergenerational work.

8. Date of Next Meeting

Tuesday 14 March 2017, 5.30pm, Shaw Lifelong Learning Centre